

# NEIL S GOLDBERG, MD

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## ***PATIENT INFORMATION SERIES***

### **14. ACCUTANE**

- **Make sure you are NOT PREGNANT.**  
Make sure there is no chance you may get pregnant for the next eight months.
- Be prepared to have pregnancy testing performed monthly.  
Be prepared to schedule an appointment every thirty days for six months.  
Be prepared to have your blood drawn at least three times  
Be prepared to stop drinking alcohol and going in the sun.
- Really make sure you are not pregnant.  
Really make sure you have no chance of getting pregnant for the next eight months.
- Your lips will get very, very dry. Buy ***Aquaphor Healing Ointment*** and use it as often as needed.
- Your nose may get dry. Try the same ***Aquaphor Healing Ointment*** to moisten these membranes if you get nosebleeds and use saline nasal mist.
- Your eyes will get dry. Use artificial tears or any other commercial ophthalmic lubricant. You may have to stop wearing your contact lenses.
- Wait three months after the last pill to get pregnant.
- Call if you if get severe muscle soreness or stiffness.  
Call if you get an unusual or severe headache.
- You can work-out and exercise but don't dramatically increase your level of activity.
- Please make sure to make your follow-up appointments before you leave the office each time you come in so that you don't run out of medicine.
- **We can not renew Accutane over the phone.**
- Do not "wax" any part of your body while on Accutane.
- Do not go to the beach or sun bathe while on Accutane.