

NEIL S GOLDBERG, MD

77 Pondfield Road
Bronxville, NY 10708
(914) 337-4499

222 Westchester Avenue
White Plains, NY 10604
(914) 761-8140

PATIENT INFORMATION SERIES

11. The Treatment of WARTS

Warts are caused by a virus. Although 80% of warts may go away within two years on their own, some patients need to treat some warts. In many cases the surgical destruction of the wart infected skin may not be the optimal treatment or may fail. In those cases the wart infection will be treated topically.

- You will be treating your wart with a chemical called salicylic acid. This chemical slowly softens and destroys the wart. It is not convenient and it takes a very long time to work but it is painless and doesn't scar. Apply the liquid paint-on version of salicylic acid (**COMPOUND W, Dr. SCHOLL'S or OCCLUSAL-HP**) to the wart or warts once per day. If possible, apply to wet skin after a shower or bath. Cover with any medical grade tape, (athletic tape is the best). The wart will get very soft, mushy and turn white. Once per week use an emery board or a pumice stone to rub away this dead skin. Rub until it hurts or bleeds, which ever comes first. Continue this regimen until you can't find the wart or warts.
- Apply the **ALDARA** to the warts everyday once per day for at least three weeks. Continue this regimen until you can't find the wart or warts.
- You will be treating your wart with a chemical called salicylic acid. This chemical slowly softens and destroys the wart. It is not convenient and it takes a very long time to work but it is painless and doesn't scar. Apply the specially medicated patch **TRANSVERSAL OR TRANSPLANTAR** at night to wet skin. Cover with the tape that comes with the kit. The wart will get very soft, mushy and turn white. Once per week use an emery board or a pumice stone to rub away this dead skin. Rub until it hurts or bleeds, which ever comes first. Continue this regimen until you can't find the wart or warts.
- Apply the **CONDYLOX GEL** to the warts twice per day three days per week for at least three weeks in a row. If you get irritated decrease that to two days per week. If you notice no improvement and no irritation, you can increase to twice per day four days per week or even five days per week. Continue this regimen until you can't find the wart or warts.

You should see the doctor at least once every two or three months while you are treating your warts.